

NOCC-A21 Electrician: Competence Package

Relevant Occupation/trade title: Electrician			SAQA ID: 91761		
Learning Area 1: Prepare for work			Total Hours:		264
Learning Project 12: Reflect on your personal development			Total Hours:		8
Requisite learning areas/projects to be in place (Pre-requisite and co-requisite):		LP: None			
Learning project description: Acknowledge the need for personal development through goal setting; understanding negative emotions and applying drivers for success (motivation, perseverance, self-actualisation and problem solving)					
Activity phase	Practical Skills Modules Content	Underpinning Knowledge Module Content	Work Experience Module Content (Exposure to be given)	Didactical-methodological advice	Learning materials/Tools and Equipment
Reference to QCTO Curriculum	PM: None	KM: None	WM: None		
Planning/ Preparation	<p><u>Provide access to (Given):</u> All documents as listed in the last column</p> <p><u>Apprentices must be able to do/perform the following (hard and soft) skills:</u></p> <ul style="list-style-type: none">Understand the importance of setting goals (SMART concept: Specific, Measurable, Attainable, Realistic and Timely)Understand the negative emotions and coping mechanismsApply problem solving skills in the work environmentIdentify and utilise drivers for success	<p><u>Knowledge of:</u></p> <ul style="list-style-type: none">Setting realistic goalsDifference between short, medium and long-term goalsHealthy mind and body principlesStress and its implications on healthDealing with negative emotions (anger, envy, aggression, depression) and its impact on productivityHow to cope with negative emotionsDrivers for Success	<p><u>Under supervision:</u></p> <ul style="list-style-type: none">Identify strategies for coping with stressful work situations and discuss with mentorSet short and medium term goals for own development in the workplace and discuss with mentorIdentify positive successful models in the workplace and note their most important characteristics for their success	Lecture, presentations, You-Tube videos Practical demonstration and group work Role play	Training manuals LED Projector Computer/Laptop
Implementation/	<ul style="list-style-type: none">Set realistic personal goals				

NOCC-A21 Electrician: Competence Package

Execution	<ul style="list-style-type: none"> Develop short, medium and long term goals Identify techniques for problem solving Apply drivers for success to achieve goals 				
Evaluation/ Documentation	<ul style="list-style-type: none"> Evaluate actual performance against set goals and identify own obstacles to success 				
Total	Hours: 8				
Specialisation additions					
Assessment guidance					
Criteria for assessment: <ul style="list-style-type: none"> List the difference between goals and dreams. How can a dream become a reality? Provide mechanisms on solving problems in the workplace Identify the common obstacles to goal achievement/success and ways to counter them 					